

Sheffield Premier Meet

Five swimmers from Thurrock Swimming Club took part in a national championship qualifying event in Sheffield.

Jude Hills was in great form achieving a huge personal best time in the 100 back (which currently ranks him in the top 5 in Britain in this event) and also finished 1st in the final. He also equalled his best in the 200 fly. In the 200 back, Jude set another great time and coming first in the final with a time of 2.19. In the 50 fly, Jude swam just outside of his best, but achieved a personal best in the 100m fly (1.04) finishing 3rd. In the 200IM, Jude swam a very well to finish with a time of 2.25.

Harrison Jarvis achieved a 2 second PB in the 200 breast (2.32) which currently ranks him in the top 13 in GB. He was just outside of his best in the 50m & 100m breast and 200IM (2.26).

Mia Ward set three best times in her first gala in Sheffield. Mia set PBs in the 50 and 200 backstroke (35 secs and 2.35.2) on the first day of the gala. On Sunday, she set another best time on the 100 back (1.13).

Radost Milkova also swam well in her first venture in Sheffield. She set best times in the 100 fly (1.11), 50 Free (29.8) and 200 back (2.34). Radost set a seasons best in the 100 fly 1.10 and was just outside of her PB in the 50 fly and 50 back events.

Mide Olajide competed in the 50 and 100 fly. In the 50 fly, Mide was just outside of his best (28.5) and was 0.5 off his best in the 100 event (1.05)